

January

Yawn and stretch like you just waking up to start the new year.

JDaniel4sMom.com

March

Bend at your waist and pretend to pick up shamrocks

JDaniel4sMom.com

February

Make a heart shape with your arms over your head.

JDaniel4sMom.com

April

Pretend to open an umbrella. Move it from one shoulder to another.

JDaniel4sMom.com

May

Crouch like a seed. Then slowly grow tall like a flower.

JDaniel4sMom.com

June

Jump and shout, "Happy Summer!"

JDaniel4sMom.com

July

Slowly rise up from a squat while counting down to ten. Blast off like a firecracker

JDaniel4sMom.com

August

Pretend to swim in a circle

JDaniel4sMom.com

September

Make your arms
dance like falling
leaves

JDaniel4sMom.com

October

Walk forward,
pretend to knock, and
then say, "Trick or
treat!"

JDaniel4sMom.com

November

Trot in place while
flapping your turkey
wing arms.

JDaniel4sMom.com

December

Lay on the ground
and pretend to make
a snow angel.

JDaniel4sMom.com



Thank you for this downloading this set.
I hope your children enjoy this JDaniel4's Mom resource.

You will find updates on my latest tools on the following:

Instagram: <https://www.instagram.com/jdaniel4smom>

Facebook: <https://www.facebook.com/jdaniel4smom/>

Twitter: <https://twitter.com/jdaniel4smom?lang=en>

Pinterest: <https://www.pinterest.com/jdaniel4smom>

What is in the set?

- Practice Gross Motor Skills Every Month of the Year
Clip Art from :

